

FAX

Date:	06/12/2023
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Pages including cover sheet:	7
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To:	3107475908@rcfax.com
Phone	
Fax Phone	(310) 747-5908

From:	Front Desk Down 1
	Hollywood walk in clinic
	6430 Selma Ave
	Los Angeles
	CA 90028
Phone	(323) 848-4522 * 1
Fax Phone	13238484522

NOTE:

Niza Aguilar



TOTAL
LIPEDEMA
CARE

Dr. Jaime S. Schwartz, M.D., F.A.C.S

Board Certified Plastic & Reconstructive Surgeon

SURGEON: Dr. Jaime S. Schwartz, MD FACS

DOB: 08/02/1990

PATIENT NAME: Niza Aguilar

SURGERY: Breast Lift and
Reduction

DATE OF SURGERY: 05/09/2023

Anesthesia:

General

Local

REQUEST FOR PRE-OPERATIVE TESTS

I request the following clearance, bloodwork, and any applicable tests to be completed no later than 21 days prior to the surgery date. If not completed and received within 21 days of surgery, surgery may be postponed at additional cost.

Please fax the patients completed medical clearance with all lab results to (310) 747-5908.

Any questions please call (310) 882-5454.

- Medical Clearance (please include H&P from visit)
- DVT Prophylaxis Recommendation (see page 2)
- CBC
- COAGS (PT/ PTT/ INR)
- CMP
- LFT
- Prealbumin ~ 3282
- HbA1c
- CRP
- B HCG (FEMALES)
- Urinalysis w/ C & S
- EKG (unless done in the last 6 months)
- Mammogram (All women ages 40+)
- CT of Abdominal with oral contrast (rule out ventral, umbilical or previous surgical site hernia)
- Venous Duplex Ultrasound (rule out blood clot)
- Any other relevant tests based on patient's medical history
- ADDITIONAL TESTING:
 - Cardiac Clearance
 - Pulmonary Clearance

FAXED
6/11/23



Hollywood

Walk-in Clinic

PHYSICAL EVALUATION

Patient Name:

Niza Aguilar

Date of Birth:

8/02/1990

EXAMINATION

Height: 63 in Weight: 176 lb Age: 32 Sex: ☐ Male ☒ Female Gender: ☐ Male ☒ Female ☐ Other

BP: 109/72 (/) Pulse: 68

Vision: R 20/200+ L 20/50 Corrected: ☐ Y ☐ N Pupils: ☒ Equal ☐ Unequal

MEDICAL

NORMAL

ABNORMAL FINDINGS

Appearance

Eyes/Ears/Nose/Throat

Lymph Nodes

Heart - Auscultation of heart in standing position

Heart - Lower extremities pulses

Pulses

Lungs

Abdomen

Extremities

Other

MUSCULOSKELETAL

NORMAL

ABNORMAL FINDINGS

Neck

Back

Shoulder/Arm

Elbow/Forearm

Wrist/Hand

Hip/Thigh

Knee

Leg/Ankle

Foot

CLEARANCE

☒ **Optimized.** After completing our evaluation of Niza Aguilar (name of patient) and to the best of my knowledge, this patient appears to be in good physical and mental health, free of any communicable diseases, and is considered optimized for surgery. Clearance is based upon today's physical examination alone.

☐ **Not optimized.** Reason: _____

Recommendations:

please follow standard anti coagulant protocols for this patient

The following information must be filled in and signed by either a Physician, Nurse Practitioner, or Physician Assistant

Name of Health Care Provider (print/type):

Lindsay Goldman PA-C

Date of Examination:

6/8/23

Address: 6430 Selma Avenue, Los Angeles, CA 90028

Phone Number: (323) 848-4522 Fax Number: (323) 940-4013

Signature:

Hollywood Walk-in Clinic
6430 Selma Avenue, L.A. 90028
P. 323.848.4522 F. 323.940.4013
Hollywoodclinic.net
CA Medical Board FNP #39976

MAC1200 ST AGUILER, NIZA , HOLLYWOOD WALK IN CLINIC
male, 73 Years (11/17/1949)

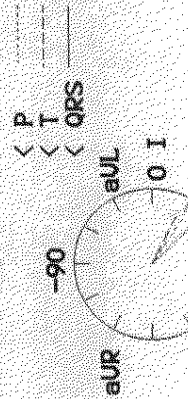
HR 62bpm

Measurement Results:

S : 82 ms
/QTcB : 414 / 420 ms
132 ms
100 ms
/PP : 966 / 965 ms

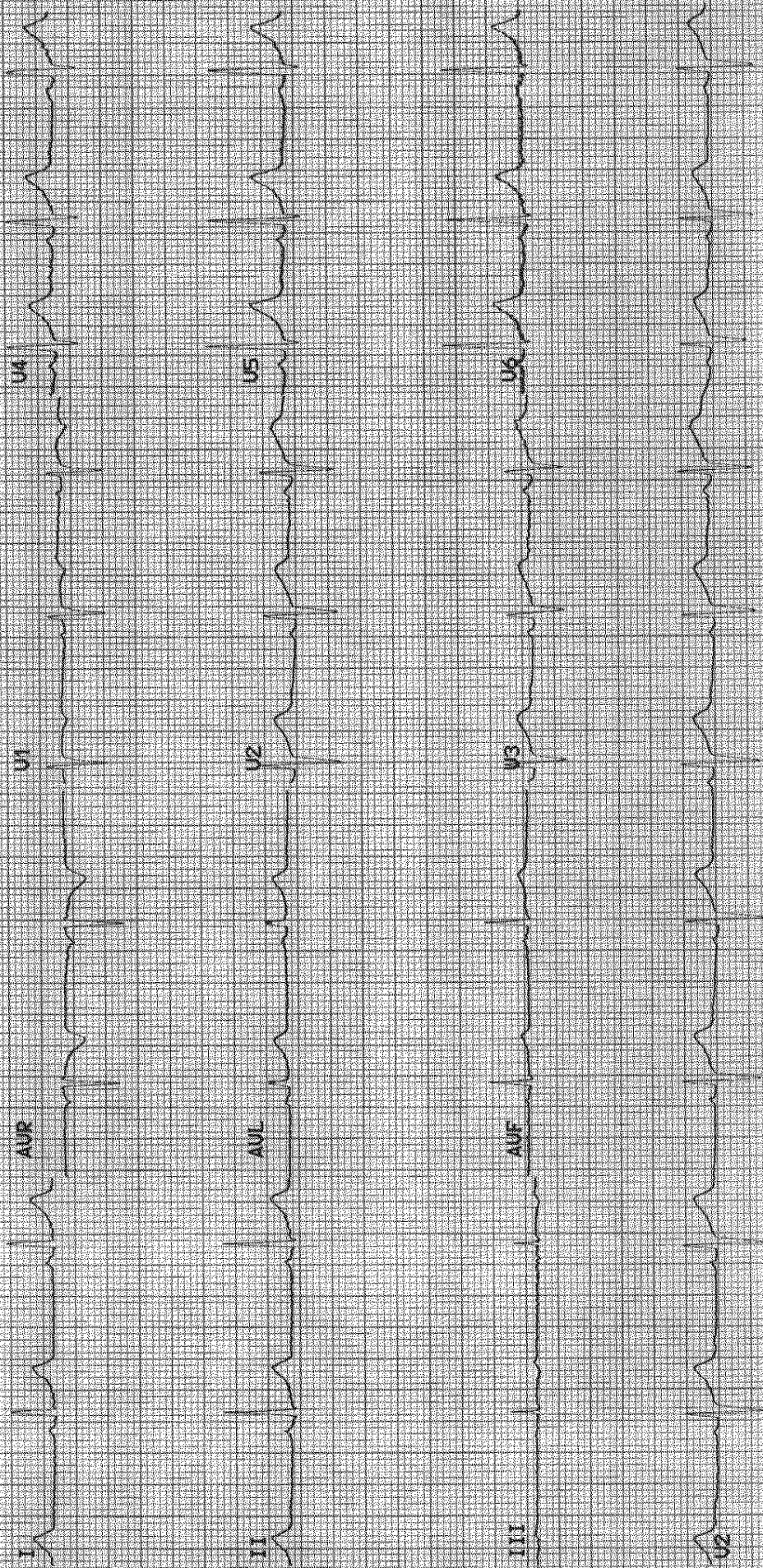
QRS/T : 33/ 45/ 26 degrees

der. Physician
chnician



Interpretation:
12SL - Interpretation:
Sinus rhythm with sinus arrhythmia
Normal ECG

Unconfirmed report.



6/11/23, 10:30 AM

Aguilar, Niza 08/02/1990 Order #004212313

Lab Results for Aguilar, Niza (Female, 08/02/1990)



Laboratory



Name: American Bio-Clinical Laboratories

Collection: 06/08/2023 03:59 pm

Order #: 004212313

Accession #: 004212313

Patient information

Patient ID: AN235480

Mobile: (702) 882-1541

Address: 6201 Hollywood Blvd
Los Angeles, CA 90028

Requesting Provider

Name: Michelle Kim

Prealbumin

Observations	Result	Reference / UoM	Date/Status
Prealbumin	30	17-34 mg/dL	06/10/2023 01:56 pm
Vendor note: PERFORMED AT: QUEST DIAGNOSTICS-WEST HILLS 8401 FALLBROOK AVENUE WEST HILLS CA 91304-3226 TAB TOOCHINDA, MD			

CBC with automated diff

Observations	Result	Reference / UoM	Date/Status
WBC ¹	7.7	4.0 - 10.0 K/uL	06/09/2023 12:50 am
RBC ¹	4.64	3.93 - 5.22 M/uL	06/09/2023 12:50 am
HGB ¹	14.1	11.2 - 15.7 g/dL	06/09/2023 12:50 am
HCT ¹	42.9	34.1 - 44.9 %	06/09/2023 12:50 am
MCV ¹	92.5	80 - 100 fL	06/09/2023 12:50 am
MCH ¹	30.4	26.0 - 34.0 pg	06/09/2023 12:50 am
MCHC ¹	32.9	31.0 - 36.0 g/dL	06/09/2023 12:50 am
RDW ¹	14.3	11.7 - 14.4 %	06/09/2023 12:50 am
Neutrophils ¹	59.0	47.0 - 80.0 %	06/09/2023 12:50 am
Lymphocytes ¹	27.4	13.0 - 43.0 %	06/09/2023 12:50 am
Monocytes ¹	7.5	0.0 - 15.0 %	06/09/2023 12:50 am
Eosinophils ¹	5.3	0.0 - 7.0 %	06/09/2023 12:50 am
Basophils ¹	0.8	0.0 - 4.0 %	06/09/2023 12:50 am
Platelet Count ¹	283	150 - 450 K/uL	06/09/2023 12:50 am
MPV ¹	11.5	9.4 - 12.3 fL	06/09/2023 12:50 am

Comprehensive Metabolic

Observations	Result	Reference / UoM	Date/Status
Glucose ¹	● 100	70-99 mg/dL Above high normal	06/09/2023 01:39 am
Blood Urea Nitrogen (BUN) ¹	20.0	8.4-25.7 mg/dL	06/09/2023 01:39 am
Creatinine ¹	0.78	0.50 - 1.10 mg/dL	06/09/2023 01:39 am
BUN/Creat. Ratio (Calc) ¹	26	10-30	06/09/2023 01:39 am
GFR (Calc) ¹	86	>60 ml/min/1	06/09/2023 01:39 am

6/11/23, 10:30 AM

Aguilar, Niza 08/02/1990 Order #004212313

Observations	Result	Reference / UoM	Date/Status
Vendor note: eGFR result reported in ml/min/1.73m3 Multiply result by 1.210 for African American. Reference range applies to patients 18 years or older. Staging of Kidney Disease eGFR > or =90: Stage I (Normal) eGFR 60 - 89 : Stage II eGFR 30 - 59 : Stage III eGFR 15 - 29 : Stage IV eGFR <15 : Stage V			
AST (SGOT) ¹	18	5-34 U/L	06/09/2023 01:39 am
ALT (SGPT) ¹	21	0-55 U/L	06/09/2023 01:39 am
Alkaline Phosphatase ¹	64	35 - 105 U/L	06/09/2023 01:39 am
Bilirubin, Total ¹	0.5	0.2-1.2 mg/dL	06/09/2023 01:39 am
Calcium ¹	9.9	8.4-10.4 mg/dL	06/09/2023 01:39 am
Sodium ¹	141	136-145 mmol/L	06/09/2023 01:39 am
Potassium ¹	4.1	3.5-5.4 mmol/L	06/09/2023 01:39 am
Anion Gap (Calc) ¹	12.1	0-25	06/09/2023 01:39 am
Chloride ¹	107	96-110 mmol/L	06/09/2023 01:39 am
CO2 ¹	26	23-32 mmol/L	06/09/2023 01:39 am
Total Protein ¹	7.5	6.2-8.1 g/dL	06/09/2023 01:39 am
Albumin ¹	4.8	3.5-5.3 g/dL	06/09/2023 01:39 am
Globulin ¹	2.7	1.5-3.7 g/dL	06/09/2023 01:39 am
A/G Ratio (Calc) ¹	1.8	0.9-2.3	06/09/2023 01:39 am

HCG Quantitative, Serum

Observations	Result	Reference / UoM	Date/Status
HCG Quantitative, Serum ¹	1.2	mIU/mL	06/09/2023 01:00 am
Vendor note: Male: < = 2.6			
Female:			
Nonpregnant < = 4.20 mIU/mL			
POSTMENOPAUSAL < = 10.1 mIU/mL			
Gestational Reference Ranges			
Weeks	mIU/mL		
Gestation			
-----	-----		
3	5.8 - 71.2		
4	9.5 - 750		
5	217 - 7,138		
6	158 - 31,795		
7	3,697 - 163,563		
8	32,065 - 149,571		
9	63,803 - 151,140		
10	46,509 - 186,977		
12	27,832 - 210,612		
14	13,950 - 62,530		
15	12,039 - 70,971		
16	9,049 - 56,451		
17	8,175 - 55,868		
18	8,099 - 58,176		
Please note updated reference range.			

PT+PTT

6/11/23, 10:30 AM

Aguilar, Niza 08/02/1990 Order #004212313

Observations	Result	Reference / UoM	Date/Status
PT (Pro-Time) ¹	10.20	9.50-12.50 secs	06/09/2023 02:17 am
Vendor note: Reference range for Prothrombin Time updated October 7, 2016			
INR ¹	0.93	0.84-1.17 Ratio	06/09/2023 02:17 am
Vendor note: Recommended therapeutic range for Oral anticoagulant therapy:			
Condition	INR range		
-----	-----		
Prophylaxis of Venous Thrombosis	2.0 - 3.0		
Deep Vein Thrombosis	2.0 - 3.0		
Pulmonary Embolism	2.0 - 3.0		
Systemic Embolism	2.0 - 3.0		
Valvular Heart disease	2.0 - 3.0		
Atrial Fibrillation	2.0 - 3.0		
Transient Ischemic attacks	2.0 - 3.0		
Mechanical Prosthetic valves	2.5 - 3.5		
Bileaflet Mechanical valve in Aortic position	2.0 - 3.0		
PTT (Partial Thromb Time) ¹	26.40	20.00-40.00 secs	06/09/2023 02:17 am
Vendor note: Please note updated reference range; January 6, 2017			

C-Reactive Protein

Observations	Result	Reference / UoM	Date/Status
C-Reactive Protein ¹	<4.0	<5.0 mg/L	06/09/2023 01:39 am

Glycohemoglobin w/EAG

Observations	Result	Reference / UoM	Date/Status
Glycohemoglobin (Hgb A1C) ¹	5.2	4.0-5.6 %	06/09/2023 02:14 am
Vendor note: Results from 5.7 to 6.4% are considered at risk for diabetes, or prediabetes. Results 6.5% or greater on two separate occasions are diagnostic for diabetes. Reference range updated August 28, 2017 to conform with ADA guidelines.			
Estimated Average Glucose ¹	103	mg/dL	06/09/2023 02:14 am

Urinalysis Rfx Micro

Observations	Result	Reference / UoM	Date/Status
Color ¹	Yellow	Yellow	06/09/2023 02:33 am
Appearance ¹	Clear	Clear	06/09/2023 02:33 am
pH ¹	6.5	4.5-7.5	06/09/2023 02:33 am
Specific Gravity ¹	1.023	1.005-1.030	06/09/2023 02:33 am
Protein ¹	Negative	Negative	06/09/2023 02:33 am
Glucose ¹	Negative	Negative	06/09/2023 02:33 am
Ketones ¹	Negative	Negative	06/09/2023 02:33 am
Bilirubin ¹	Negative	Negative	06/09/2023 02:33 am
Blood ¹	Negative	Negative	06/09/2023 02:33 am
Urobilinogen ¹	0.2	0.0-1.0 mg/dL	06/09/2023 02:33 am
Nitrite ¹	Negative	Negative	06/09/2023 02:33 am
Leukocyte Esterase ¹	Negative	Negative	06/09/2023 02:33 am
UA micro reflex ¹	Not Tested		06/09/2023 02:33 am

Performing Laboratory

¹ ABC Laboratories, Wenxue Xing, M.D , Director (323) 222-6688
2730 North Main Street
Los Angeles, CA 90031

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Date:	06/12/2023
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NOTE:

Urine Culture

Aguilar, Niza 08/02/1990 Order #004212313

Observations	Result	Reference / UoM	Date/Status
PT (Pro-Time) ¹	10.20	9.50-12.50 secs	06/09/2023 02:17 am
Vendor note: Reference range for Prothrombin Time updated October 7, 2016			
INR ¹	0.93	0.84-1.17 Ratio	06/09/2023 02:17 am
Vendor note: Recommended therapeutic range for Oral anticoagulant therapy:			
Condition	INR range		
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Prophylaxis of Venous Thrombosis	2.0 - 3.0		
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Valvular Heart disease	2.0 - 3.0		
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Mechanical Prosthetic valves	2.5 - 3.5		
Bileaflet Mechanical valve in Aortic position	2.0 - 3.0		
PTT (Partial Thromb Time) ¹	26.40	20.00-40.00 secs	06/09/2023 02:17 am
Vendor note: Please note updated reference range; January 6, 2017			

C-Reactive Protein

Observations	Result	Reference / UoM	Date/Status
C-Reactive Protein ¹	<4.0	<5.0 mg/L	06/09/2023 01:39 am

Glycohemoglobin w/EAG

Observations	Result	Reference / UoM	Date/Status
Glycohemoglobin (HgB A1C) ¹	5.2	4.0-5.6 %	06/09/2023 02:14 am
Vendor note: Results from 5.7 to 6.4% are considered at risk for diabetes, or prediabetes. Results 6.5% or greater on two separate occasions are diagnostic for diabetes. Reference range updated August 28, 2017 to conform with ADA guidelines.			
Estimated Average Glucose ¹	103	mg/dL	06/09/2023 02:14 am

Culture - Urine

Observations	Result	Reference / UoM	Date/Status																					
Culture - Urine ¹	**FINAL** Clean-Random voided midstream		06/12/2023 09:05 am																					
<div>Vendor note: Coagulase negative Staphylococcus >50,000-<100,000 CFU/mL</div> <div><table><tr><td>Antibiotic Name</td><td>MIC mcg/ml</td><td></td></tr><tr><td>Doxycycline</td><td></td><td>S</td></tr><tr><td>Nitrofurantoin</td><td><=16</td><td>S</td></tr><tr><td>Oxacillin</td><td><=0.25</td><td>S</td></tr><tr><td>Trimethoprim/Sulfamethoxa</td><td><=10</td><td>S</td></tr><tr><td>Tetracycline</td><td>2</td><td>S</td></tr><tr><td>Vancomycin</td><td>1</td><td>S</td></tr></table></div> <div>Enterococcus spp >50,000-<100,000 CFU/mL</div> <div>Antibiotic susceptibility not performed. Amoxicillin is drug of choice for treating infections limited to the lower urinary tract. Alternate drugs nitrofurantoin or any quinolone. S = Sensitive R = Resistant I = Intermediate</div> <div>DATE/TIME:06/12/2023 09:04</div> <div>DATE/TIME:06/12/2023 09:05</div>				Antibiotic Name	MIC mcg/ml		Doxycycline		S	Nitrofurantoin	<=16	S	Oxacillin	<=0.25	S	Trimethoprim/Sulfamethoxa	<=10	S	Tetracycline	2	S	Vancomycin	1	S
Antibiotic Name	MIC mcg/ml																							
Doxycycline		S																						
Nitrofurantoin	<=16	S																						
Oxacillin	<=0.25	S																						
Trimethoprim/Sulfamethoxa	<=10	S																						
Tetracycline	2	S																						
Vancomycin	1	S																						