

Mrs.
Nina Allen
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Patient: Nina Allen *24.10.1969

Surgeon: Dr. Jorjani

Date of operation: 16.08.2023

Surgical nurse: Various

Type of anaesthetic: General anaesthetic

Position: Supine

Diagnosis: Lipoedema Stage III Type IV

Treatment: PAL liposuction of the ventral leg circumference, removing a total of 7200ml of pure fat
3200ml per thigh / 400ml per lower leg)

A catheter will be inserted under sterile conditions. Supine. Standard disinfection and cover for
operations. Single shot of antibiotic.

Symmetrical stab incisions made with a scalpel size 11 in the areas discussed in detail with the patient
and marked on the patient when standing, then the subsequent infiltration of a total of 5 litres of the
solution (1 A Suprarenin per 1 L ringer solution) under continuous vibration with the flared hollow needle
to break up the fat clusters and form an even emulsion. Duration: 30 minutes. Start of liposuction in the
lower thigh area in longitudinal direction to protect the lymphatic pathways. Uniform, flat suction of the
previously marked areas with meticulous visual checks and pinch test. Starting with deep subcutaneous
liposuction. Then superficial liposuction. Repeat procedure for the upper thigh. Portals changed
constantly.

Liposuction is carried out until an even, homogeneous tissue layer is shown in the pinch test. In the thigh
area, the aim is for a pinch width of one thumb thickness; while half a thumb thickness is desirable in the
lower leg area. In the knee and ankle regions, the pinching width is the skin thickness, so a contouring
can be achieved here. The liposuction of the thighs continues until the shape of the quadriceps muscle
can be seen.

4 mm Single Mercedes and flared cannulas are used. These are alternated depending on the region and requirements.

A total of **7200ml** of pure fat will be removed.

At the end of the surgical procedure, the symmetry is checked and pinch test performed. Moderate reworking until all areas have a homogeneous, attractive layer thickness.

Gentle closure of the incision sites with Monocryl 5/0 single button stitches, sterile medical strips. Then the surgical stockings are put on.

At the end of the surgery, the extremities and soft tissue are checked. Extremities and soft tissue are perfused, warm, pulse checked.

History:

The above mentioned procedure was performed without any complications on the 16th of August 2023 under general anaesthesia. The postoperative stay was unremarkable. Compression garment has been fitted. We discharged Mrs. Allen today in good condition from our inpatient care. If you have any questions, please don't hesitate to contact us.

Procedure:

- Consequent wear of the compression garment for 6 weeks
- Painkillers if needed e.g. Ibuprofen
- Anticoagulation with Clexane 40 0-0-1 recommended until full mobilization is possible
- Stitch removal After 9-10 Days

Medication:

- Ibuprofen 400 1-1-1
- Pantozol 40 0-0-1
- Tilidin 50 1-0-1 if needed
- Clexane 40 0-0-1

Warm regards

Dr. Jorjani Aesthetics

Dr. Jorjani