

Nina Allen
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Patient: Nina Allen 24.10.1969

Surgeon: Dr. Jorjani

Date of operation: 11/05/2023

Surgical nurse: Various

Type of anaesthetic: General anaesthetic

Position: Supine

Diagnosis: Lipoedema Stage 3 Type 4

Treatment: PAL liposuction of the dorsal leg circumference, removing a total of 10000 ml of pure fat (4000ml each leg/buttocks/flanks // 1000ml each calve)

Surgery report: A catheter will be inserted under sterile conditions. Prone. Standard disinfection and cover for operations. Single shot of antibiotic.

Symmetrical stab incisions made with a scalpel size 11 in the areas discussed in detail with the patient and marked on the patient when standing, then the subsequent infiltration of a total of 4 litres of the solution (1 A Suprarenin per 1 L ringer solution) under continuous vibration with the flared cannula to break up the fat clusters and form an even emulsion. Duration: 30 minutes. Start of liposuction in the lower leg area in longitudinal direction to protect the lymphatic pathways. Uniform, flat suction of the previously marked areas with meticulous visual checks and pinch test. Starting with deep subcutaneous liposuction. Then superficial liposuction. Repeat procedure for the upper thigh. Portals changed constantly.

Liposuction is carried out until an even, homogeneous tissue layer is shown in the pinch test. In the thigh area, the aim is for a pinch width of one thumb thickness; while half a thumb thickness is desirable in the lower leg area. Same procedure in the flank area.

4 mm Single Mercedes and flared cannulas are used. These are alternated depending on the region and requirements.

A total of 10000ml of pure fat will be removed.

At the end of the surgical procedure, the symmetry is checked and pinch test performed. Moderate reworking until all areas have a homogeneous, attractive layer thickness.

Manual spread of excess fluids over the incision points and levelling of fat under continuous vibration without suction with the flared cannula to ensure homogeneous results.

Gentle closure of the incision sites with Monocryl 5/0 single button stitches, sterile medical strips. Then the surgical stockings are put on.

At the end of the surgery, the extremities and soft tissue are checked. Extremities and soft tissue are perfused, warm, pulse checked.

History:

The above mentioned procedure was performed without any complications on the 11th of May 2023 under general anaesthesia. The postoperative stay was unremarkable. Compression garment has been fitted. We discharged Mrs. Allen today in good condition from our inpatient care. If you have any questions, please don't hesitate to contact us.

Procedure:

- Consequent wear of the compression garment for 6 weeks
- Painkillers if needed e.g. Ibuprofen
- Anticoagulation with Clexane 40 0-0-1 recommended until full mobilization is possible
- Stitch removal After 10-12 Days

Medication:

- Ibuprofen 400 1-1-1
- Pantozol 40 0-0-1
- Tilidin 50 1-0-1 if needed
- Clexane 40 0-0-1

Warm regards

Dr. Jorjani Aesthetics

Dr. Jorjani