



LIFE : HEALING : PEACE

SKY LAKES
MEDICAL
2865 Daggett
Avenue
Klamath Falls OR
97601
Notes Report

Armstrong, Andrea Michele
MRN: 200154376, DOB: 10/27/1963,
Sex: F
Visit date: 3/16/2023

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MRN: 200154376

Raul A Mirande, MD
Physician
Specialty: General Surgery

Progress Notes
Signed

Encounter Date: 3/16/2023

March 14, 2023

This pleasant patient was referred to the office to discuss several different issues. Her medical records were reviewed and then we concentrated on her complaints. She reported developing multiple different subcutaneous nodules that are sometimes tender and there are on her extremities and torso. She demonstrated multiple lesions and her exam noted firm but not hard subcutaneous lesions that were not in areas of lymph nodes and had no overlying skin changes. She separately had a very distinct enlargement of her left thigh especially anterior laterally, that she reported was "lipedema". Her exam notes a significant excessive fatty tissue in this area but there is no edema, skin induration, discoloration and she has no significant changes below her knees on either side. I had the patient moved to the procedure room and used the Xario to insonate several separate lesions that clearly notes smooth elliptical nonshadowing lipomatous lesions in the areas where she has tender palpable subcutaneous masses. I completed a PAR-Q conference and explained that removing her multiple lesions would not prevent her from developing further lesions. We also discussed her leg and I did explain how at times I had to formally excise this excess tissue when it was infected, indurated, hard and tender but hers would be an elective resection mainly for cosmesis. She could also consult a plastic surgeon to discuss options for liposuction. Questions were answered.

Electronically signed by Raul A Mirande, MD at 03/16/23 2041

Documentation on 3/16/2023

Orders Placed

None

Medication Changes

As of 3/16/2023 8:41 PM

None

Visit Diagnoses

None