



TOTAL  
LIPEDEMA  
CARE

**Dr. Jaime S. Schwartz, M.D., F.A.C.S**

**Board Certified Plastic & Reconstructive Surgeon**

**SURGEON:** Dr. Jaime S. Schwartz, MD FACS

**PATIENT NAME:** Patricia Baumann (757-287-5882)

**SURGERY:** Lipedema Reduction Anterior Legs and  
Thighs

**DOB:** 09/11/1961

**DATE OF SURGERY:**

**05/31/2023**

**Anesthesia:** General

**Local**

**REQUEST FOR PRE-OPERATIVE TESTS**

I request the following clearance, bloodwork, and any applicable tests to be completed no later than 21 days prior to the surgery date. If not completed and received within 21 days of surgery, surgery may be postponed at additional cost.

Please fax the patients completed medical clearance with all lab results to (310) 747-5908.

Any questions please call (310) 882-5454.

- Medical Clearance
- DVT Prophylaxis Recommendation (see page 2)
- CBC
- COAGS (PT/ PTT/ INR)
- CMP
- LFT
- Prealbumin
- HbA1c
- CRP
- B HCG (FEMALES)
- Urinalysis w/ C & S
- EKG (unless done in the last 6 months)
- Mammogram (All women ages 40+)
- CT of Abdominal with oral contrast (rule out ventral, umbilical or previous surgical site hernia)
- Venous Duplex Ultrasound (rule out blood clot)
- Any other relevant tests based on patient's medical history
- **ADDITIONAL TESTING:**
  - Cardiology Clearance
  - Pulmonary Clearance

# Dr. Jaime S. Schwartz, M.D., F.A.C.S

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## DVT Prophylaxis

\*Our standard DVT prophylaxis includes the following:

1. Thigh-high TED hose placed in pre-op holding and worn for 1 week post-op
2. Knee-high SCDs placed pre-op and worn through discharge from PACU (if outpatient) or continuously at rest (if inpatient) until hospital discharge
3. Early ambulation post-op
4. Xarelto 10mg PO for 10 days

\*DVT PROPHYLAXIS USED:

Standard:

Other Chemical e.g. Lovenox, Xarelto): \_\_\_\_\_ Days: \_\_\_\_\_

(If "LOVENOX" IS PREFERRED, PLEASE SPECIFY YOUR RECOMMENDATIONS FOR DURATION OF TIME.)

\*PATIENT CLEARED FOR SURGERY:

YES

NO

MD SIGNATURE Jaime S. Schwartz, M.D. DATE: 5/23/22

MD NAME (printed) Jaime S. Schwartz, M.D.

Jaime S. Schwartz, M.D. 05/23/2023

Jaime S. Schwartz, M.D.

Baumann, Patricia A "Pat" (MIDN 40057851) JHH: 09/11/1961

Encounter Date: 05/19/2023

**Baumann, Patricia A**

(MIDN 40057851)

**Office Visit 5/19/2023** - **Robbins, Nancy C, NP (Family Practice)**  
Sentara Family and Internal Medicine Primary diagnosis: Pre-operative cardiovascular examination  
Reason for Visit: PRE-OP CLEARANCE Referred by Robbins, Nancy C, NP

**Progress Notes**

Robbins, Nancy C, NP (Nurse Practitioner) • Family Practice

Office Visit - Service Date: 5/19/23

**Assessment & Plan**

1. Pre-operative cardiovascular examination

2. MVP (mitral valve prolapse)  
- Echo Cardiogram: Complete, Future

3. Mitral regurgitation: no murmur on exam  
Repeat echo in summer 2023

4. Asymptomatic microscopic hematuria

- Urinalysis with Microscopic: Future  
- Culture pending  
Will repeat urinalysis 2 weeks

5. Obstructive sleep apnea

Pt's MVP and mitral valve regurgitation evaluated by cardiology in 2023. Pt is remains asymptomatic and is able to walk on golf course w/o symptoms.

Addendum 5/22/23 Pt has UTI and has been on antibiotics and will repeat urinalysis in 2 weeks and repeat urine culture. Pt is stable and well. Pt is low risk for planned surgical procedure.

Pt's current medical conditions of mitral valve regurgitation and BSA are stable as of 5/10/23 and controlled and pt is low risk for planned surgical procedure.

**Chief Complaint**

Patient presents with:  
• PRE-OP CLEARANCE

**History of Present Illness**

Pt is here for pre-op physical for request of Dr. JAMES EDWARDS in ITAVERO RMF, JTS by video having lipedema reduction of anterior legs and thighs on 05/11/23. Will be under general anesthesia.

Post-operative care:

Baumann, Patricia A "Pat" (MRN 40057851) DOB: 09/11/1961

Encounter Date: 05/19/2023

**Baumann, Patricia A**

MRN: 40057851

**Office Visit** 5/19/2023Sentara Family and Internal  
Medicine

Provider: Robbins, Nancy C, NP (Family Practice)

Primary diagnosis: Pre-operative cardiovascular examination

Reason for Visit: PRE-OP CLEARANCE; Referred by Robbins, Nancy C, NP

**Progress Notes**

Robbins, Nancy C, NP (Nurse Practitioner) • Family Practice

**Office Visit - Service Date: 5/19/23****Assessment & Plan****1. Pre-operative cardiovascular examination****2. MVP (mitral valve prolapse)**

- Echo Cardiogram Complete; Future

**3. Nonrheumatic mitral valve regurgitation no murmur on exam**

- Echo Cardiogram Complete; Future

Repeat echo in summer 2023

**4. Asymptomatic microscopic hematuria**

- Urinalysis with Microscopic; Future

Culture pending

Will repeat urine in 2 weeks

**5. Obstructive sleep apnea**

Pt's MVP and mitral valve regurgitation evaluated by cardiology in 2022 Pt is remains asymptomatic and is able to walk on golf course w/o symptoms

**Addendum 5/22/23** Pt has UTI and based on culture and will be treated with Macrobid for 5 days and repeat urine

Have talked with Emily in Dr Schwartz's office and they will repeat urine on 5/30 when pt in California

Pt's current medical conditions of mitral valve regurgitation and OSA are stable as of 5/19/23 and controlled and pt is low risk for planned surgical procedure

**Chief Complaint**

Patient presents with

- PRE-OP CLEARANCE

**History of Present Illness**

Pt is here for pre op physical per request of Dr. Jamie Schwartz in Beverly Hills, CA Pt will be having lipedema reduction of anterior legs and thighs on 5/31/23 Will be done under general anesthesia

**Past Medical History:**

Baumann, Patricia A "Pat" (MRN 40057851) DOB: 09/11/1961

Encounter Date: 05/19/2023

No date: Abnormal Pap smear of cervix

No date: Anal fissure

Comment: S/P lateral sphincterectomy

04/10/2021: COVID-19 vaccine series completed

Comment: MODERNA 3/15/21

No date: Degenerative disc disease, cervical

No date: DELAYED EMERGENCE

Comment: delayed emergence

09/2021: Exercise tolerance finding

Comment: pt denies CP and SOB with activity

No date: Fibrocystic breast disease

No date: Swelling

No date: Thyroid disease

No date: Valgus deformity of foot

Comment: left hallux

**Past Surgical History:**

No date: BUNIONECTOMY

Comment: X 2

9/23/2021: BUNIONECTOMY; Right

Comment: Procedure: CORRECTION, HALLUX VALGUS, BY PHALANX  
OSTEOTOMY; Surgeon: Moore, Blake E, MD

11/18/2021: BUNIONECTOMY; Left

Comment: Procedure: CORRECTION, HALLUX VALGUS; Surgeon: Moore,  
Blake E, MD

3/1/2018: CERVICAL CONE BIOPSY

Comment:

3/1/2018: CERVICAL CONE BIOPSY; N/A

Comment: Procedure: CONIZATION OF CERVIX COLD KNIFE; DILATION &  
CURETTAGE; Surgeon: Wentworth, Jeffrey M, MD

4/15/2019: CERVICAL CONE BIOPSY; N/A

Comment: Procedure: LEEP CONIZATION, CERVIX; Surgeon: Wentworth,  
Jeffrey M, MD

2013: CERVICAL LAMINECTOMY

Comment: herniated disc

2005: CYST INCISION AND DRAINAGE

Comment: right breast benign

3/1/2018: DILATION AND CURETTAGE

Comment:

11/18/2021: FOOT/ TOE - EXCISION; Left

Comment: Procedure: OSTEOTOMY, METATARSAL BONE, PARTIAL;  
Surgeon: Moore, Blake E, MD

9/23/2021: FOOT/ TOE-ARTHRODESIS; Right

Comment: Procedure: FUSION, MIDTARSAL JOINTS, 2 OR MORE;  
Surgeon: Moore, Blake E, MD

4/15/2019: HYSTEROSCOPY; N/A

Comment: Procedure: HYSTEROSCOPY WITH SAMPLING OF ENDOMETRIUM;  
DILATION & CURETTAGE; Surgeon: Wentworth, Jeffrey M, MD

1982: SPHINCTEROTOMY

Comment: for anal fissure

11/13/2014: THYROID LOBECTOMY; Left

Comment: Procedure: PARTIAL THYROID LOBECTOMY; Surgeon: Morin,  
Scott, MD; Location: SVBGH MAIN OR LOC; Service:  
Otolaryngology; Laterality: Left; THYROID LOBECTOMY -

## CBC - Details

### Component Results

Component	Your Value	Standard Range	Flag
WBC	<b>Your Value</b> 5.1 K/uL	<i>Standard Range</i> 4.0 - 11.0 K/uL	
RBC	<b>Your Value</b> 5.13 M/uL	<i>Standard Range</i> 3.80 - 5.20 M/uL	
HGB	<b>Your Value</b> 15.5 g/dL	<i>Standard Range</i> 11.7 - 16.0 g/dL	
HCT	<b>Your Value</b> 50.0 %	<i>Standard Range</i> 35.1 - 48.0 %	<b>Flag</b> H
MCV	<b>Your Value</b> 98 fL	<i>Standard Range</i> 80 - 99 fL	
MCH	<b>Your Value</b> 30 pg	<i>Standard Range</i> 26 - 34 pg	
MCHC	<b>Your Value</b> 31 g/dL	<i>Standard Range</i> 31 - 36 g/dL	
RDW	<b>Your Value</b> 13.2 %	<i>Standard Range</i> 10.0 - 15.5 %	
Platelet	<b>Your Value</b> 289 K/uL	<i>Standard Range</i> 140 - 440 K/uL	
MPV	<b>Your Value</b> 9.6 fL	<i>Standard Range</i> 9.0 - 13.0 fL	

### General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/18/2023 12:15 AM

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# COMPREHENSIVE METABOLIC PANEL - Details

## Component Results

Component	Your Value	Standard Range	Flag
Potassium	Your Value 5.4 mmol/L	Standard Range 3.5 - 5.5 mmol/L	
Sodium	Your Value 142 mmol/L	Standard Range 133 - 145 mmol/L	
Chloride	Your Value 104 mmol/L	Standard Range 98 - 110 mmol/L	
Glucose	Your Value 81 mg/dL	Standard Range 70 - 99 mg/dL	
Calcium	Your Value 9.6 mg/dL	Standard Range 8.4 - 10.5 mg/dL	
Albumin	Your Value 4.6 g/dL	Standard Range 3.5 - 5.0 g/dL	
SGPT (ALT)	Your Value 10 U/L	Standard Range 5 - 40 U/L	
SGOT (AST)	Your Value 20 U/L	Standard Range 10 - 37 U/L	
Bilirubin Total	Your Value 0.5 mg/dL	Standard Range 0.2 - 1.2 mg/dL	
Alkaline Phosphatase	Your Value 64 U/L	Standard Range 40 - 120 U/L	
BUN	Your Value 25 mg/dL	Standard Range 6 - 22 mg/dL	Flag H
CO2	Your Value 28 mmol/L	Standard Range 20 - 32 mmol/L	



Component	Your Value	Standard Range	Flag
<b>Creatinine</b>	<b>Your Value</b> 1.0 mg/dL	<i>Standard Range</i> 0.8 - 1.4 mg/dL	
<b>eGFR</b>	<b>Your Value</b> >60.0 mL/min/1.73 sq.m.	<i>Standard Range</i> >60.0 mL/min/1.73 sq.m.	
eGFR calculation based on the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation refit without adjustment for race.			
This eGFR is validated for stable chronic renal failure patients. This equation is unreliable in acute illness or patients with normal renal function.			
<b>Globulin</b>	<b>Your Value</b> 2.4 g/dL	<i>Standard Range</i> 2.0 - 4.0 g/dL	
<b>A/G Ratio</b>	<b>Your Value</b> 1.9 ratio	<i>Standard Range</i> 1.1 - 2.6 ratio	
<b>Total Protein</b>	<b>Your Value</b> 7.0 g/dL	<i>Standard Range</i> 6.2 - 8.1 g/dL	
<b>Anion Gap</b>	<b>Your Value</b> 10.0 mmol/L	<i>Standard Range</i> 3.0 - 15.0 mmol/L	

Anion Gap calculation based on electrolyte reference ranges.

## General Information

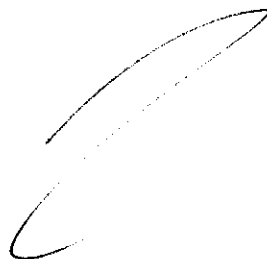
Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/17/2023 11:37 PM

Result Status: Final result

This test result has been released by an automatic process.



# PREALBUMIN - Details

## Component Results

Component	Your Value	Standard Range	Flag
PREALBUMIN	<b>Your Value</b> 24 mg/dL	<i>Standard Range</i> 20 - 40 mg/dL	

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/17/2023 11:37 PM

Result Status: Final result

This test result has been released by an automatic process.

# URINALYSIS WITH MICROSCOPIC - Details

## Study Result

### Narrative

Non-preserved specimen was submitted for urinalysis testing which may be subject to deterioration of its chemical, cellular, and non-cellular constituents unless testing occurs within 2 hours of collection. Please correlate results clinically with other laboratory results.

## Component Results

Component	Your Value	Standard Range	Flag
Urine Color	Your Value Yellow	Standard Range Colorless, Pale Yellow, Light Yellow, Yellow, Dark Yellow, Straw	
Urine Clarity	Your Value Clear	Standard Range Clear, Slightly Cloudy	
Urine pH	Your Value 7.0 pH	Standard Range 5.0 - 8.0 pH	
Urine Protein Screen	Your Value Negative mg/dL	Standard Range Negative, Trace mg/dL	
Urine Glucose	Your Value Negative mg/dL	Standard Range Negative mg/dL	
Urine Ketones	Your Value Negative mg/dL	Standard Range Negative mg/dL	
Urine Occult Blood	Your Value Trace	Standard Range Negative	Flag A
Urine Specific Gravity	Your Value 1.020	Standard Range 1.005 - 1.030	
Urine Nitrite	Your Value Negative	Standard Range Negative	
Urine Leukocyte Esterase	Your Value Negative	Standard Range Negative	

Component	Your Value	Standard Range	Flag
Urine Bilirubin	Your Value Negative	Standard Range Negative	
Urine Urobilinogen	Your Value 0.2 mg/dL	Standard Range <2.0 mg/dL mg/dL	
Urine RBC	Your Value 6-10 /hpf	Standard Range Negative, 0-2 /hpf	Flag A
Urine WBC	Your Value 0-2 /hpf	Standard Range 0 - 5 /hpf	
Urine Bacteria	Your Value Negative	Standard Range Negative	
Squamous Epithelial Cells	Your Value 0-2 /hpf	Standard Range None, 0-2 /hpf	
Hyaline Cast	Your Value 0-2 /lpf	Standard Range 0 - 2 /lpf	

General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Clean Catch Urine (Urine)

Resulted on 05/18/2023 2:37 PM

Result Status: Final result

This test result has been released by an automatic process.



# URINE C&S - Details

## Component Results

Component	Your Value	Standard Range	Flag
Culture	Your Value Greater than 100,000 ORG/ML Enterococcus faecalis		Flag A
Culture	Your Value 10,000 ORG/ML Gram Negative Rod (lactose fermenter)		Flag A

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Clean Catch Urine (Urine)

Resulted on 05/20/2023 9:27 AM

Result Status: Final result

This test result has been released by an automatic process.



# APTT - Details

## Study Result

### Narrative

Therapeutic range for monitoring Heparin Therapy is 45-80 seconds (August, 2016).

## Component Results

Component	Your Value	Standard Range	Flag
APTT	<b>Your Value</b> 24 sec	<i>Standard Range</i> 22 - 36 sec	

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/17/2023 10:59 AM

Result Status: Final result

This test result has been released by an automatic process.

# PREGNANCY TEST SERUM - Details

## Study Result

### Narrative

The lower positive detectable limit for this assay is 25 mIU/mL. A negative value does not rule out early pregnancy. If pregnancy is suspected, repeat testing in 2 days is recommended.

## Component Results

Component	Your Value	Standard Range	Flag
PREGNANCY SERUM	Your Value Negative	Standard Range Negative	

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/18/2023 1:18 AM

Result Status: Final result

This test result has been released by an automatic process.

# EKG 12-LEAD - Details

## Component Results

Component	Your Value	Standard Range	Flag
Heart Rate	Your Value 65 bpm	Standard Range bpm	
RR Interval	Your Value 920 ms	Standard Range ms	
Atrial Rate	Your Value 65 ms	Standard Range ms	
P-R Interval	Your Value 186 ms	Standard Range ms	
P Duration	Your Value 132 ms	Standard Range ms	
P Horizontal Axis	Your Value 2 deg	Standard Range deg	
P Front Axis	Your Value 67 deg	Standard Range deg	
Q Onset	Your Value 507 ms	Standard Range ms	
QRSD Interval	Your Value 84 ms	Standard Range ms	
QT Interval	Your Value 416 ms	Standard Range ms	
QTcB	Your Value 434 ms	Standard Range ms	
QTcF	Your Value 427 ms	Standard Range ms	



Component	Your Value	Standard Range	Flag
QRS Horizontal Axis	Your Value -5 deg	Standard Range deg	
QRS Axis	Your Value 65 deg	Standard Range deg	
I-40 Front Axis	Your Value -55 deg	Standard Range deg	
t-40 Horizontal Axis	Your Value -13 deg	Standard Range deg	
T-40 Front Axis	Your Value 69 deg	Standard Range deg	
T Horizontal Axis	Your Value 26 deg	Standard Range deg	
T Wave Axis	Your Value 57 deg	Standard Range deg	
S-T Horizontal Axis	Your Value 9 deg	Standard Range deg	
S-T Front Axis	Your Value 74 deg	Standard Range deg	
Impression	Your Value - ABNORMAL ECG -		
Impression	Your Value SR-Sinus rhythm-normal P axis, V-rate 50-99		

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:49 AM

Resulted on 05/17/2023 8:29 PM

Result Status: Final result

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# HGB A1C WITH EST AVG GLUCOSE - Details

## Study Result

### Narrative

5.7 - 6.4% is indicative of prediabetes.  
> 6.4% is indicative of diabetes.

## Component Results

Component	Your Value	Standard Range	Flag
Hemoglobin A1c	<div><div>Your Value</div><div>5.5 %</div></div>	<div><div>Standard Range</div><div>4.8 - 5.6 %</div></div>	
Estimated Average Glucose	<div><div>Your Value</div><div>111 mg/dL</div></div>	<div><div>Standard Range</div><div>91 - 123 mg/dL</div></div>	

## General Information

Ordered by Nancy Robbins

Collected on 05/17/2023 8:41 AM from Blood (Blood)

Resulted on 05/18/2023 12:53 AM

Result Status: Final result

This test result has been released by an automatic process.