

LOMAS, Kathryn DOB: 03/03/1978 (44 yo F) Acc No. 531282 DOS: 06/16/2022

Assessments

1. Varicose veins of left lower extremity with other complications - I83.892
2. Pain in left leg - M79.605
3. Lipoedema - R60.9

Treatment

1. Varicose veins of left lower extremity with other complications

PROCEDURE: L UGS, S1, 1--Left Stage 1, 1st Ultrasound-Guided Sclerotherapy (36471)

2. Lipoedema

Clinical Notes: PT HAS BL CVI AND IS CURRENTLY UNDERGOING VEIN TREATMENT, PRIOR VEIN PROCEDURES IN 2014 AS WELL. SHE ALSO HAS S/SX OF LIPEDEMA- LONG STANDING DISPROPORTIONATE EXTRA WEIGHT HELD IN LOWER BODY DESPITE WEIGHT LOSS INCLUDING GASTRIC BYPASS SURGERY. APPEARANCE C/W LIPEDEMA STAGE 2, TYPE 3.

PT REPORTS SOME UNILATERAL ANKLE SWELLING CURRENTLY WHICH IS LIKELY RELATED TO VEIN TREATMENT. NO EDEMA NOTED ON INITIAL EXAM OR US TODAY. SHE HAS BEEN COMPLIANT W/ GCS 20-30 MM FOR GREATER THAN 6 WEEKS.

PER OUR RECOMMENDATION PT CALLED DR. NGUYEN'S OFFICE (LIPEDEMA SPECIALIST IN DALLAS) AND WAS INSTRUCTED SHE WILL NEED 6 MO OF GCS AND LYMPHATIC THERAPY PRIOR TO TX. WILL REFER TO MCL LYMPH CLINIC AND SEND NOTES TO DR. NGUYEN.

3. Others

Notes: Patient Educated with: Patient Instructions Post Sclero.pdf (Patient Instructions Post Sclero.pdf).

Procedures

ULTRASOUND GUIDED SCLEROTHERAPY:

Data Fields:

Procedure: *Ultrasound Guided Sclerotherapy - multiple vessels 36471*

Extremity: *Left*

Vessel Treated: *Refluxing Tributary Varicosities*

Sclerosant: *sodium tetradecyl sulfate foam (1:4 with room air, Tessari method)*

Sclerosant concentration (%): *1.5 percent*

Volume of sclerosant (mL): *5*

Number of injection sites: *10*

Periprocedural Complications: *no complications (periprocedural)*

Provider :Rachal Capulli , PA-C.

Sonographer :Angela Lazzara,RVT/ Michelle Chuah, RVT.

Pre Procedure: The need for sclerotherapy is based on abnormal vein findings from physical examination and/or duplex ultrasound evaluation, spectral Doppler, showing refluxing veins which apparently contribute to the patient's ADL-limiting symptoms. Informed consent was obtained.

Provider's Assessment: The patient returns for Ultrasound-Guided Sclerotherapy, based on today's ultrasound findings or previous most recent ultrasound findings. The patient remains symptomatic.

Time Out: Immediately prior to the procedure, the entire procedure team, along with the patient, verified the patient's identification, intended procedure, correct procedure site, and that all equipment and supplies were present.

Anesthesia: *none.*

Procedure Description: The patient was positioned horizontally on the procedure table, and the skin of lower extremity treatment area was prepped with 70% isopropyl alcohol. Real-time ultrasound guidance was used to identify the subcutaneous target vessels and ensure proper needle placement, as well as to monitor the distribution of sclerosant. Images demonstrating ultrasound guidance were saved to digital archive and are available for review, if necessary. Under ultrasound guidance, the abnormal veins were accessed with 25 gauge percutaneous needles. Multiple veins were treated with multiple puncture sites. The flow of sclerosant in the vein was followed during the injections, and care and appropriate measures were performed, as needed, to protect the deep venous system.

Progress Note: Rachal P Capulli, PA-C 06/16/2022

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Post Treatment Assessment: The patient tolerated the procedure well. Discharge instructions were discussed with the patient and the patient received a written copy. The patient was instructed to phone for any unusual signs or symptoms. The patient understands and agrees. Graduated Compression Stocking use discussed with patient.

Procedure Codes

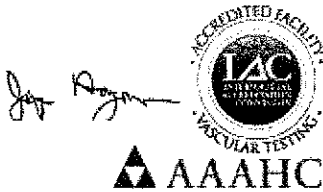
76942 Ultrasound guided needle placement
36471 SCLEROTHERAPY

Follow Up

3 Weeks



Appointment Provider: Rachal P Capulli, PA-C



Electronically signed by Joseph Hagman , MD on 06/24/2022 at 12:36 PM CDT

Sign off status: Completed

Flower Mound
4001 LONG PRAIRIE RD
SUITE 105
FLOWER MOUND, TX 75028-1565
Tel: 972-874-3900
Fax: 972-874-3903

Progress Note: Rachal P Capulli, PA-C 06/16/2022

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LOMAS, Kathryn DOB: 03/03/1978 (44 yo F) Acc No. 531282 DOS: 03/02/2022

2022/03/02 ANTERIOR



Progress Note: Rachal P Capulli, PA-C 03/02/2022

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LOMAS, Kathryn DOB: 03/03/1978 (44 yo F) Acc No. 531282 DOS: 03/02/2022

2022/03/02 RT LATERAL



Progress Note: Rachal P Capulli, PA-C 03/02/2022

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LOMAS, Kathryn DOB: 03/03/1978 (44 yo F) Acc No. 531282 DOS: 03/02/2022

2022/03/02 LT LATERAL



Progress Note: Rachal P Capulli, PA-C 03/02/2022

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2022/03/02 POSTERIOR

veinVclinics
of America.

Lomas, Kathryn

KL 426604 03/02/2022 RT

External MRN: 426604

Account Number: 531282

Sedalia Dr., Flower Mound, TX-75028

Home: 972-977-4511

External Visit ID: 23745844

Appointment Facility: Flower Mound

Patient's Default Facility: Flower Mound

01/03/2017

Dr. Joseph Hagman, MD CHN#: 1392

Medications**Reason for Appointment****History of Present Illness****Legs**

aching pain heavy

Chief Complaint

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Existing Conservative Management/Therapy avoiding long periods of standing elevating legs over the counter pain medications (Tylenol, Motrin, Ibuprofen) exercise/weight control.

The patient reports that symptoms: are worse.

The patient reports that the symptoms interfere with sleep.

Symptoms impact the patient's daily activities such as cannot/limits/difficulty walk or stand for long periods have to rest.

Vital Signs

BP 108/73 mm Hg, HR 69 /min, Wt 128 lbs, BMI 23.41 Index, Ht 62 in.

Examination**General Examination:**

GENERAL APPEARANCE: normal.

MUSCULOSKELETAL: normal.

EXTREMITIES: normal.

PERIPHERAL PULSES: 2+ bilaterally on the lower extremities.

Venous Exam:

Varicose veins in left calf are present.

Varicose veins in left thigh are present.

Varicose veins in right calf are present.

Varicose veins in right thigh are present.

Reticular veins in left calf are present.

Reticular veins in left thigh are present.



Appointment Provider: Rachal P. Capulli, MD



Electronically signed by Joseph Hagman, MD on 03/09/2022 at 09:34 AM CST

Sign off status: Completed

Patient: Lomas, Kathryn DOB: 03/03/1978 Progress Note: Joseph Hagman, MD 01/03/2017

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