

# FAX....

[Monday, December 4, 2023]

Patient Name: CARVER  
LINDSEY Anne**Total pages including  
coverpage: [4]**

Date: 12/4/2023

Time: 10:34:02 AM

**To:** [ CATCHINGS SUSAN  
HOWARD ]**Fax number** [ 1(919)8031969 ]

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1212 CEDARHURST DR  
RALEIGH NC 27609  
Phone: 9198775400  
Fax: 9198775480

**To: SUSAN HOWARD CATCHINGS  
AVANCE CARE  
115 CRESCENT COMMONS DRIVE  
CARY NC 27518**

**Name: LINDSEY Anne CARVER  
MRN #: RRC10029831  
Phone: 7578802206  
DOB: 03/26/1989  
Exam Start: 12/04/2023  
Referring Phys.: CATCHINGS, SUSAN  
Referring Phys Ph.: 9198033707  
Referring Phys Fax: 9198031969**

**Exam: DEXA AXIAL SKELETON BONE DENSITY  
77080  
77080**

EXAM:  
DUAL X-RAY ABSORPTIOMETRY (DXA) FOR BONE MINERAL DENSITY  
12/4/2023 10:19 am

CLINICAL DATA: 34 year old Female Premenopausal.  
M24.9 HYPERMOBILE JOINTS

History of fragility fracture. Patient is or has been on bone building therapies.

TECHNIQUE:

An axial (e.g., hips, spine) and/or appendicular (e.g., radius) exam was performed, as appropriate, using GE Lunar Prodigy Advance densitometer at Cardinal Points Imaging Midtown. Images are obtained for bone mineral density measurement and are not obtained for diagnostic purposes. RPID1228ME

Exclusions: Lumbar L1.

COMPARISON: None.

FINDINGS:

Scan quality: Good.

LUMBAR SPINE (L2-L4):

BMD (in g/cm<sup>2</sup>): 1.121

Z-score: -1.8

LEFT FEMORAL NECK:

BMD (in g/cm<sup>2</sup>): 1.000



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Z-score: -0.8

LEFT TOTAL HIP:

BMD (in g/cm<sup>2</sup>): 0.996

Z-score: -0.8

RIGHT FEMORAL NECK:

BMD (in g/cm<sup>2</sup>): 1.010

Z-score: -0.7

RIGHT TOTAL HIP:

BMD (in g/cm<sup>2</sup>): 1.058

Z-score: -0.3

LEFT FOREARM (RADIUS 33%):

BMD (in g/cm<sup>2</sup>): 0.893

Z-score: 0.2

**IMPRESSION:**

Bone mineral density is within expected range for age.

**RECOMMENDATIONS:**

1. All patients should optimize calcium and vitamin D intake.
2. Patients with diagnosis of osteoporosis or at high risk for fracture should have regular bone mineral density tests. For



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patients eligible for Medicare, routine testing is allowed once every 2 years.? The testing frequency can be increased to one year for patients who have rapidly progressing disease, those who are receiving or discontinuing medical therapy to restore bone mass or have additional risk factors.

Electronically Signed  
By: Dina Arceo M.D.  
On: 12/04/2023 11:25

A handwritten signature in blue ink, appearing to read "Dina Arceo".

**CC:**

**Thank you for visiting our imaging center.**