

Christina Lewis

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Susanville, CA 96130

Subject: Request for Assistance with Lipemia-related medical procedures

Dear Banner Aetna,

I am writing to you as a dedicated nurse covered under with Banner Aetna insurance plan. I appreciate the support and coverage you have provided me over the years, and I am reaching out to bring to your attention a health condition that has significantly impacted my daily life and ability to carry out my professional responsibilities.

I have been diagnosed with lipemia, a fat disorder and condition characterized by large deposits of adipose tissue, and the body's inability to break it down. This condition has resulted in persistent pain, swelling, bruising, and a feeling of heaviness in my lower extremities. As a nurse, my job demands long hours on my feet, often working 12-hour shifts, amounting to 36-48 hours per week. Despite my commitment to maintaining an active lifestyle through regular exercise, lymphatic massages, and adhering to a low-calorie diet, the symptoms persist, affecting both my physical and mental well-being.

I have taken proactive measures to manage my condition, including wearing compression leggings daily, attending the gym at least five times a week (incurring a monthly cost of over \$50 monthly and personal training 70\$ weekly), and maintaining a healthy diet. However, the constant swelling in my lower legs and hips has led to bouts of depression and made it increasingly challenging to carry out my daily life activities, impacting my job performance on some days.

The financial burden associated with managing lipemia has been substantial, with ongoing expenses for medical treatments, gym membership, and specialized clothing to alleviate discomfort. Despite my best efforts, shedding weight has proven to be a significant challenge, and the discomfort of most clothing makes it difficult to adhere to the necessary compression for effective management of my condition.

I am reaching out to request your assistance in ensuring that the necessary medical expenses related to my lipemia management are adequately covered under my insurance plan. I kindly ask that you review my case with a compassionate understanding of the physical and emotional toll this condition has taken on my life. Your support in providing coverage for the associated medical costs would greatly alleviate the financial strain and

enable me to continue delivering high-quality care to my patients without compromising my own well-being.

I have attached relevant medical documentation from my healthcare provider outlining the diagnosis and recommended treatments. I am more than willing to provide any additional information required to facilitate the review process.

Thank you for your time and consideration. I look forward to your prompt response and assistance in this matter.

Sincerely,

Christina Lewis

530-310-8137