

Christine Keenan  
 Today's Date: Monday, September 19th, 2022  
 Surgery Date:  
 Procedure: \${ProceduresNoDescription}  
 Last Appt: \${AppointmentPastDate}

**POD#: 5**

**Procedure:** Lipedema Reduction Surgery of Posterior Legs, Thighs, Saddle Bags, Dercums Reduction of Abdomen with Possible direct Excision, Liposuction and Skin Excision

**Vitals: 97.7 HR: 88 R:14 BP: 127/90 O2: 98% Hct: 12.9**

Subjective	Yes	No	Minimal	Comment
Complaints?		X		
Overall Doing Well?	X			
Swelling	X			Minimal
Bleeding		X		
Pain	X			
Fever		X		
Urinary Difficulty		X		
Eating	X			
Nausea or Vomiting		X		
Bowel Movement	X			Twice a day
Ambulating?	X			Walking
Rash or Hives		X		
Shortness of Breath		X		
Chest Pain		X		
Site Drainage?	X			2 drain's
Skin Appearance?	X			Good
Normal Wound Healing?	X			
Nipple Sensation?				N/A
Implant?				N/A

Incisions	Yes	No	Comment
Normal Wound Healing?	X		
Healed?	X		
Keloid or Raised?		X	
Delayed Wound Healing?		X	
Open Wound		X	
Seroma		X	
Hematoma		X	
<b>PLAN</b>			
Place Silicone Strips?		X	
Scar Cream		X	
Suture Removal		X	

Remove Spitting Sutures		X	
Wound Debridement Office		X	
Debride Wound at Home**		X	
Pack Wound		X	
Steroid Injections		X	How Much:
OR			

**\*\*if patient has delayed wound healing, advised patient to scrub area with a toothbrush and apply ointment to help wound heal.**

Implants	Yes	No	Add	D/C	Comment
Soft?					N/A
Symmetric?					
In Good Position?					
<b>Capsular Contracture</b>					Grade:
Singulair					N/A
Trental					
Vit E					

**\*\*if capsular contracture is present, advised patient to start capsular contracture medications and follow up in 3 months.**

Drains	Yes	No	Comment
Functioning?	X		
Output > or <25cc/24 hours			RT-LEG Drain- <0.5cc LT-Leg- >30CC RT-ABD-<25CC LT-ABD <20-CC
Drain Removal			

**\*\*drains were removed under sterile conditions without pain or difficulty. Patient was advised to watch for signs of seroma.**

Meds	Yes	No	Add	D/C	Comment/Days Left
<b>Antibiotic</b>	X				
Duricef	X				
Doxy					
Bactrim DS					
Cipro					
Clinda					
Bactroban					
Other:					
<b>Pain Meds</b>					
Acetaminophen	X				
Ibuprofen	X				
Narcotic					
Gabapentin	X				
Other:					
<b>Stool Softener</b>					
Colace					
Magnesium Citrate					
Other:					
<b>Blood Thinner</b>					
Xarelto	X				
Lovenox					
Other:					
Any Changes?					
Resume Prev Meds?					Which Ones:

Assessment	Yes	No	Possible	Comment
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Doing Well	X			
Pain	X			
Constipated		X		
Seroma		X		
Hematoma		X		
Keloid		X		
Capsular Contracture				N/A
Asymmetry				

Plan	Yes	No	Comment
Continue Care			
Keep Dressing & Garments In Place?	X		
Change Garment/Bra		X	Type/Size:
Shower?		X	
Exercise?		X	
OR			

Follow Up

Units (Days, Week, Months, Year)	With	For	Comment
1 week phone call with Maggie			

**\*\*patient advised to call or come in anytime should concerns arise.**