

Christine Keenan
 Today's Date: Friday, September 16th, 2022
 Surgery Date:
 Procedure: \${ProceduresNoDescription}
 Last Appt: \${AppointmentPastDate}

POD#: 2

Procedure: Lipedema Reduction Surgery of Posterior Legs, Thighs, Saddle Bags, Dercums Reduction of Abdomen with Possible direct Excision, Liposuction and Skin Excision

Vitals: 97.7 HR: 72. R: 13 BP: 105/75 O2: 96% Hct: 11.4

2nd. BP@11:50 126/81

3rd. 137/85 HR:74 R: 18 SPO2 97% Temp: 97.5

Subjective	Yes	No	Minimal	Comment
Complaints?	X			Feeling very fatigue
Overall Doing Well?	X			
Swelling	X			MINIMAL
Bleeding	X			
Pain	X			5/10
Fever				
Urinary Difficulty		X		
Eating	X			Healthy foods, protein, low sodium
Nausea or Vomiting		X		
Bowel Movement	X			Bloody stool
Ambulating?	X			
Rash or Hives		X		
Shortness of Breath		X		
Chest Pain		X		
Site Drainage?		X		
Skin Appearance?	X			Look pale
Normal Wound Healing?	X			
Nipple Sensation?				N/A
Implant?				

Incisions	Yes	No	Comment
Normal Wound Healing?	X		
Healed?	X		
Keloid or Raised?		X	
Delayed Wound Healing?		X	
Open Wound		X	
Seroma		X	
Hematoma		X	
PLAN	X		11:53am gave pt a protein shake (strawberry)
Place Silicone Strips?		X	
Scar Cream		X	
Suture Removal		X	

Remove Spitting Sutures		X	
Wound Debridement Office		X	
Debride Wound at Home**		X	
Pack Wound		X	
Steroid Injections		X	How Much:
OR			

****if patient has delayed wound healing, advised patient to scrub area with a toothbrush and apply ointment to help wound heal.**

Implants	Yes	No	Add	D/C	Comment
Soft?					N/A
Symmetric?					
In Good Position?					
Capsular Contracture					Grade:
Singulair					N/A
Trental					
Vit E					N/a

****if capsular contracture is present, advised patient to start capsular contracture medications and follow up in 3 months.**

Drains	Yes	No	Comment
Functioning?	X		
Output > or <25cc/24 hours	X		Rt.>40CC LT. <25CC
Drain Removal		X	

****drains were removed under sterile conditions without pain or difficulty. Patient was advised to watch for signs of seroma.**

Meds	Yes	No	Add	D/C	Comment/Days Left
Antibiotic					
Duricef	X				
Doxy		X			
Bactrim DS		X			
Cipro		X			
Clinda		X			
Bactroban		X			
Other:					
Pain Meds					
Acetaminophen		X			
Ibuprofen		X			
Narcotic		X			
Gabapentin		X			
Other:					
Stool Softener					
Colace		X			
Magnesium Citrate		X			
Other:					
Blood Thinner					
Xarelto	X				
Lovenox		X			
Other:		X			
Any Changes?		X			
Resume Prev Meds?					Which Ones: Olmersartan 40mg 1 tad QD Hydrochlorothiazide 25mg 1 tab QD Flexeril 5mg 1 tab Q'12hrs/prn

Assessment	Yes	No	Possible	Comment
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Doing Well		X		Feeling fatigue
Pain	X			6/10
Constipated		X		
Seroma		X		
Hematoma		X		
Keloid		X		
Capsular Contracture				N/A
Asymmetry				N/A

Plan	Yes	No	Comment
Continue Care	X		
Keep Dressing & Garments In Place?	X		
Change Garment/Bra		X	Type/Size:
Shower?		X	
Exercise?		X	
OR			

Follow Up

Units (Days, Week, Months, Year)	With	For	Comment
Monday	Maggie		

****patient advised to call or come in anytime should concerns arise.**

Pt, did a home test COVID Negative 09/15/2022 Temperature 97.3/MaggieMA