

Christine Keenan
 Today's Date: Monday, October 3rd, 2022
 Surgery Date: Wednesday, November 9th, 2022
 Procedure: \${ProceduresNoDescription}
 Last Appt: \${AppointmentPastDate}

POD#:3

SX: 09/14/2022

Procedure: Lipedema Reduction Surgery of Posterior Legs, Thighs, Saddle Bags, Dercums Reduction of Abdomen with Possible direct Excision, Liposuction and Skin Excision

Vitals: HR: BP: O2: Hct:

PT, would download photos on TouchMd today.

| Subjective | Yes | No | Minimal | Comment |
|-----------------------|-----|----|---------|-----------|
| Complaints? | | X | | |
| Overall Doing Well? | X | | | |
| Swelling | X | | X | |
| Bleeding | | X | | |
| Pain | X | | X | Doing LMD |
| Fever | | | | |
| Urinary Difficulty | | | | |
| Eating | | | | |
| Nausea or Vomiting | X | | | |
| Bowel Movement | X | | | |
| Ambulating? | X | | | |
| Rash or Hives | | X | | |
| Shortness of Breath | | X | | |
| Chest Pain | | X | | |
| Site Drainage? | | X | | |
| Skin Appearance? | | X | | |
| Normal Wound Healing? | | X | | |
| Nipple Sensation? | | | | N/A |
| Implant? | | | | N/A |
| | | | | |

| Incisions | Yes | No | Comment |
|------------------------|-----|----|---------|
| Normal Wound Healing? | X | | |
| Healed? | X | | |
| Keloid or Raised? | | X | |
| Delayed Wound Healing? | | X | |
| Open Wound | | X | |
| Seroma | | X | |
| Hematoma | | X | |
| PLAN | | | |
| Place Silicone Strips? | | X | |
| Scar Cream | | X | |

| | | | |
|--------------------------|--|---|-----------|
| Suture Removal | | X | |
| Remove Spitting Sutures | | X | |
| Wound Debridement Office | | X | |
| Debride Wound at Home** | | X | |
| Pack Wound | | X | |
| Steroid Injections | | X | How Much: |
| OR | | X | |

****if patient has delayed wound healing, advised patient to scrub area with a toothbrush and apply ointment to help wound heal.**

| Implants | Yes | No | Add | D/C | Comment |
|-----------------------------|-----|----|-----|-----|---------|
| Soft? | | | | | N/A |
| Symmetric? | | | | | N/A |
| In Good Position? | | | | | N/A |
| Capsular Contracture | | | | | Grade: |
| Singulair | | | | | N/A |
| Trental | | | | | N/A |
| Vit E | | | | | N/A |

****if capsular contracture is present, advised patient to start capsular contracture medications and follow up in 3 months.**

| Drains | Yes | No | Comment |
|----------------------------|-----|----|---------|
| Functioning? | | | N/A |
| Output > or <25cc/24 hours | | | N/A |
| Drain Removal | | | N/A |

****drains were removed under sterile conditions without pain or difficulty. Patient was advised to watch for signs of seroma.**

| Meds | Yes | No | Add | D/C | Comment/Days Left |
|-----------------------|-----|----|-----|-----|-------------------|
| Antibiotic | | X | | | N/A |
| Duricef | | X | | | |
| Doxy | | | | | |
| Bactrim DS | | | | | |
| Cipro | | | | | |
| Clinda | | | | | |
| Bactroban | | | | | |
| Other: | | | | | |
| Pain Meds | | | | | N/A |
| Acetaminophen | | | | | |
| Ibuprofen | | | | | |
| Narcotic | | | | | |
| Gabapentin | | | | | |
| Other: | | | | | |
| Stool Softener | | | | | N/A |
| Colace | | | | | |
| Magnesium Citrate | | | | | |
| Other: | | | | | |
| Blood Thinner | | | | | |
| Xarelto | | | | | N/A |
| Lovenox | | | | | |
| Other: | | | | | |
| Any Changes? | | | | | |
| Resume Prev Meds? | | | | | Which Ones: |

| Assessment | Yes | No | Possible | Comment |
|----------------------|-----|----|----------|----------|
| Doing Well | X | | | |
| Pain | X | | | Soreness |
| Constipated | | X | | |
| Seroma | | X | | |
| Hematoma | | X | | |
| Keloid | | X | | |
| Capsular Contracture | | X | | |
| Asymmetry | | X | | |
| | | | | |

| Plan | Yes | No | Comment |
|------------------------------------|-----|----|------------|
| Continue Care | X | | |
| Keep Dressing & Garments In Place? | X | | |
| Change Garment/Bra | | X | Type/Size: |
| Shower? | X | | |
| Exercise? | | X | |
| OR | | | |

Follow Up

| Units (Days, Week, Months, Year) | With | For | Comment |
|----------------------------------|--------|-----|---------|
| 10/26/2022 | Maggie | | |

****patient advised to call or come in anytime should concerns arise.**