

Christine Keenan
 Todays Date: Friday, September 16th, 2022
 Surgery Date:
 Procedure: \${ProceduresNoDescription}
 Last Appt: \${AppointmentPastDate}

POD#: 3

Procedure: LRS of Anterior Legs and Thighs

Vitals: HR: 93 BP: 145/95 O2: 98% Hct: 13.5 T:98.2 RR: 27

Subjective	Yes	No	Minimal	Comment
Complaints?		X		
Overall Doing Well?	X			
Swelling	X			
Bleeding		X		
Pain	X			Taking gabapentin, ibuprofen, acetaminophen
Fever		X		
Urinary Difficulty		X		
Eating	X			High protein diet. Three protein shakes. Plenty hydration
Nausea or Vomiting		X		
Bowel Movement	X			Last BM oday 9/16
Ambulating?	X			
Rash or Hives		X		
Shortness of Breath		X		
Chest Pain		X		
Site Drainage?		X		
Skin Appearance?		X		Bruising BL inner thighs
Normal Wound Healing?	X			
Nipple Sensation?				N/A
Implant?				N/A

Incisions	Yes	No	Comment
Normal Wound Healing?	X		
Healed?	X		
Keloid or Raised?		X	
Delayed Wound Healing?		X	
Open Wound		X	
Seroma		X	
Hematoma		X	
PLAN			Pt advised to do Hyperbaric Treatments
Place Silicone Strips?		X	
Scar Cream		X	
Suture Removal		X	
Remove Spitting Sutures		X	

Wound Debridement Office		X	
Debride Wound at Home**		X	
Pack Wound		X	
Steroid Injections			How Much:
OR		X	

**if patient has delayed wound healing, advised patient to scrub area with a toothbrush and apply ointment to help wound heal.

Implants	Yes	No	Add	D/C	Comment
Soft?					N/A
Symmetric?					N/A
In Good Position?					N/A
Capsular Contracture					Grade:
Singulair					N/A
Trental					N/A
Vit E					N/A

**if capsular contracture is present, advised patient to start capsular contracture medications and follow up in 3 months.

Drains	Yes	No	Comment
Functioning?	X		
Output > or <25cc/24 hours	X		>25cc in 24 hrs (1) (2) (4)
Drain Removal	X		Right lower leg drain removed at 0932 without difficulty. <20cc in the last 24 hrs

**drains were removed under sterile conditions without pain or difficulty. Patient was advised to watch for signs of seroma.

Meds	Yes	No	Add	D/C	Comment/Days Left
Antibiotic					
Duricef	X				
Doxy					
Bactrim DS					
Cipro					
Clinda					
Bactroban					
Other:					
Pain Meds					
Acetaminophen	X				
Ibuprofen	X				Pt took 0700
Narcotic	X				Percocet 0800
Gabapentin	X				Pt took 0700
Other:					
Stool Softener					
Colace		X			Pt instructed to discontinue after BM.
Magnesium Citrate					
Other:					
Blood Thinner					
Xarelto	X				
Lovenox					
Other:					
Any Changes?					
Resume Prev Meds?					Which Ones:

Assessment	Yes	No	Possible	Comment
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Doing Well	X			
Pain	X			
Constipated		X		
Seroma		X		
Hematoma		X		
Keloid		X		
Capsular Contracture				N/A
Asymmetry				N/A

Plan	Yes	No	Comment
Continue Care	X		
Keep Dressing & Garments In Place?	X		
Change Garment/Bra		X	Type/Size:
Shower?		X	
Exercise?		X	
OR			

Follow Up

Units (Days, Week, Months, Year)	With	For	Comment
September 16th, 2022	Maggie	F/U	

****patient advised to call or come in anytime should concerns arise.**

Pt overall doing well no concerns at this time. Pt to continue care ambulating every hour, high protein diet, plenty of hydration. Pt was advised to do hyperbaric treatments to aid recovery.