

Christine Keenan
 Today's Date: Thursday, September 15th, 2022
 Surgery Date:
 Procedure: \${ProceduresNoDescription}
 Last Appt: \${AppointmentPastDate}

POD#: POD 1

Procedure: Lipedema Reduction Surgery of Posterior Legs, Thighs, Saddle Bags, Dercums Reduction of Abdomen with Possible direct Excision, Liposuction and Skin Excision

Vitals: **HR: 64 BP: 136/82 O2: 98% Hct: 10.5 T: 97.6 RR: 18**

Subjective	Yes	No	Minimal	Comment
Complaints?		X		
Overall Doing Well?	X			
Swelling	X			Minimal
Bleeding	X			
Pain	X			1/10
Fever		X		
Urinary Difficulty		X		
Eating	X			Protein shakes, ate eggs and fruit
Nausea or Vomiting		X		
Bowel Movement		X		
Ambulating?	X			
Rash or Hives		X		
Shortness of Breath		X		
Chest Pain		X		
Site Drainage?	X			Draining okay
Skin Appearance?	X			Normal
Normal Wound Healing?	X			In progress
Nipple Sensation?				N/A
Implant?				

Incisions	Yes	No	Comment
Normal Wound Healing?	X		In progress
Healed?		X	
Keloid or Raised?		X	
Delayed Wound Healing?		X	
Open Wound		X	
Seroma		X	
Hematoma		X	
PLAN	X		Continue with all medication walk with walker
Place Silicone Strips?		X	
Scar Cream		X	
Suture Removal		X	
Remove Spitting Sutures		X	

Wound Debridement Office		X	
Debride Wound at Home**		X	
Pack Wound		X	
Steroid Injections		X	How Much:
OR		X	

****if patient has delayed wound healing, advised patient to scrub area with a toothbrush and apply ointment to help wound heal.**

Implants	Yes	No	Add	D/C	Comment
Soft?					N/A
Symmetric?					
In Good Position?					
Capsular Contracture					Grade:
Singulair					N/A
Trental					
Vit E					

****if capsular contracture is present, advised patient to start capsular contracture medications and follow up in 3 months.**

Drains	Yes	No	Comment
Functioning?	X		
Output > or <25cc/24 hours	X		RT-Leg #4 <15CC LT-Leg <10CC Rt.abd #2 <5CC LeftAbd.#1>24CC
Drain Removal		X	

****drains were removed under sterile conditions without pain or difficulty. Patient was advised to watch for signs of seroma.**

Meds	Yes	No	Add	D/C	Comment/Days Left
Antibiotic	X				
Duricef	X				
Doxy					
Bactrim DS		X			
Cipro					
Clinda		X			
Bactroban		X			
Other:					
Pain Meds					
Acetaminophen	X				
Ibuprofen	X				
Narcotic	X				Percocet@11:00am, @4:00am 10:00pm
Gabapentin	X				
Other: Clonodin 0.1 mg	X				Given @ Prestige @1645, 1900
Stool Softener					
Colace	X				
Magnesium Citrate					
Other:					
Blood Thinner					
Xarelto	X				
Lovenox					
Other:					
Any Changes?					
Resume Prev Meds?					Which Ones:Olmersartan 40mg 1 tad QD Hydrochlorothiazide 25mg 1 tab QD Flexeril 5mg 1 tab Q'12hrs/prn

Assessment	Yes	No	Possible	Comment
Doing Well	X			

Pain		X		1/10
Constipated	X			
Seroma		X		
Hematoma		X		
Keloid		X		
Capsular Contracture		X		
Asymmetry				

Plan	Yes	No	Comment
Continue Care	X		
Keep Dressing & Garments In Place?	X		
Change Garment/Bra		X	Type/Size:
Shower?		X	
Exercise?		X	
OR			

Follow Up

Units (Days, Week, Months, Year)	With	For	Comment
Friday			

****patient advised to call or come in anytime should concerns arise.**

Vital signs this AM @ 8:45AM @Prestige 135/72 RLFARM P.76 SPO2 100% R: 18 TEMP:97.7

Pt's husband went back home due to being positive for covid. Pt was instructed to test for covid downstairs before her post op appointment tomorrow September 16th, 2022.