



Patient Name: Tracy Logelin

Date 10/25/23

<input checked="" type="checkbox"/>	What	Why	What you must do
<b>Imaging</b>			
	DEXA Scan	Assesses for osteopenia or osteoporosis; important if you have hypermobile tissue	<ol style="list-style-type: none"> <li>1. Find a radiology facility.</li> <li>2. Send the facility name, phone, and fax.</li> <li>3. Have results faxed: 310-747-5908.</li> </ol>
	ECHOCardiogram	Checks the size of the aortic root that can be dilated if you have hypermobile tissue.	<ol style="list-style-type: none"> <li>1. Find a cardiology/vascular testing.</li> <li>2. Send us the name, phone, and fax of the facility you plan on using.</li> <li>3. Notify us the test is complete.</li> </ol>
	Nuclear Medicine Lymphoscintigraphy Scan	To assess the lymphatic vessels of the legs and/or arms.	<ol style="list-style-type: none"> <li>1. Find a nuclear medicine facility. Usually hospital/University.</li> <li>2. Send the facility name, phone, and fax.</li> <li>3. Notify us the test is complete.</li> </ol>
	Pelvic Ultrasound	To assess pelvic veins for enlargement (varicosities) and leaks (venous insufficiency; pelvic congestion).	<ol style="list-style-type: none"> <li>1. Find a vascular lab for the test.</li> <li>2. Send us the name, phone, and fax of the facility you plan on using. Notify us the test is complete so we can call and get the results.</li> </ol>
	Right upper quadrant ultrasound	To look for fatty liver	Any radiology facility.
	Soft tissue ultrasound	To look for masses, lymph nodes and other tissue findings.	Any radiology facility.
	Venous duplex ultrasound	To assess the veins of your legs for enlargement (varicosities) and leaks (venous insufficiency) that may require treatment	<ol style="list-style-type: none"> <li>1. Find a vascular lab for the test.</li> <li>2. Send us the name, phone, and fax of the facility you plan on using.</li> <li>3. Notify us the test is complete.</li> </ol>
	Tilt Table Test	You may have autonomic dysfunction.	<ol style="list-style-type: none"> <li>1. Find a cardiology or neurology lab for the test. Search online for your city and "tilt table".</li> <li>2. Send us the name, phone, and fax of the facility you plan on using.</li> <li>3. Notify us the test is complete.</li> </ol>
<b>Labs</b>			
	Labs	To find out information on you.	Typical labs are Labcorp, Quest Diagnostics, Sonora Quest You can also take the order to a hospital lab or doctor's office.
	FM/a test	To check if you have fibromyalgia.	Fill out this form online: <a href="https://www.fmtest.com/">https://www.fmtest.com/</a> <a href="https://fmtest.com/sign-up/">https://fmtest.com/sign-up/</a> You will be contacted, sent a kit which you take to a lab and get your blood drawn. If not covered by insurance, you will need to decide if you want to pay the cost.